

GQCCC Workshop with Mary Pimentel-Wheeler
Free Motion Quilting for Beginners
May 18, 2024, 9:30 AM to 1:30 PM
(Doors open at 9:00 AM for setup)

SUPPLIES LIST

1. Sewing machine, capable of dropping the feed dogs. If your machine cannot drop the feed dogs, don't worry, just bring some painters' tape and a couple of index cards so we can overcome that problem. If your machine has a "single needle" needle plate, bring that too.
2. Your machine's FMQ foot. **Please see the pictures below for the different types of FMQ feet, and bring the one that came with your machine. If you do not have one of these feet, let me know and I will help you find one that works for your machine on Amazon or at a local quilt shop.**
3. Dark colored thread and sewing machine needles. Topstitch needles work best for FMQ, but microtext also work.
4. Two (2) fat quarter quilt sandwiches. Select light solid color fat quarters for front and back and use any cotton batting you have. No need to pin or baste your sandwiches, I'll show you how to make practice sandwiches in class.
5. You should also bring a "scrap" quilt sandwich to test stitching and tension – it can be any size but should be larger than 6 x 8".
6. A notebook or sheets of paper, and a pen or pencil, so you can practice shapes before using your machine.
7. Scissors or thread snips.



Janome Convertible Free Motion Quilting Foot

- Does not hop
- Adjustable for thickness of quilt
- Has several foot options – closed, open, ruler, echo.



Bernina Free Motion Quilting Feet

- # 9,15,24,29 & 29C (left) are hopping feet, each has a specific purpose
- #24 is Free Motion open toe
- #73 (Right) is an adjustable foot and does not hop.
- More info at: <https://weallsew.com/a-guide-to-bernina-free-motion-presser-feet/>



Universal Free Motion (Darning/Hopping) Feet

- Plastic or metal
- Whole foot hops up and down.
- Foot can be open or closed toed.
- Can make plastic foot into open toe by cutting out between red lines.
- Closed better for darning
- Cheap to buy @ LQS, Amazon, etc.